

Theodore H. Tulchinsky MD, MPH

Braun School of Public Health, Hebrew University-Hadassah, Jerusalem



Theodore Herzl (Ted) Tulchinsky was born and raised in Brantford, Ontario, Canada, and studied medicine at the University of Toronto. He began his medical career as a physician in support of Saskatchewan's pioneer Medicare program, and a general practitioner in community clinics. He then trained in internal medicine and obtained a MPH at Yale University, (USA).

He served the Province of Manitoba Department of Health and Social Development as Associate Deputy Minister and then Deputy Minister during the 1970s, managing the department of over 5,000 staff. He initiated and led the development of Manitoba's province-wide home care program, rural district health systems, mental health reform, and urban community clinics, as well as leading in controlling an epidemic of western equine encephalitis.

In 1976 Dr Tulchinsky and his family moved to Israel. He joined the Ministry of Health and served as Director of Public Health and from 1981 to 1994 as Ministry of Health Coordinator of Health Services for the West Bank and Gaza, with oversight responsibility for immunization, nutrition, sanitation, maternal and child health, community health workers, hospital development, and other topics for the Palestinian population. He has been active in developing programs in vaccination, maternal and child health, prevention of anemia of infancy, fortification of foods to prevent micronutrient deficiency conditions in Israel and the Palestinian Authority. During the 1985–1992 period he served as a visiting consultant to the New York State Department of Health in Albany New York.

Since 1981, he has taught at the Braun School of Public Health and Community Medicine at the Hebrew University–Hadassah in Jerusalem. His courses include Organization of Public Health Services and a seminar course on the Risk Approach in the International Master of Public Health Program for students from low-income countries around the world. He served as public health

consultant for a World Bank mission to the Russian Federation from 1992 to 1995 and was a Fulbright Scholar during a one-year sabbatical at the University of California, Los Angeles (UCLA) School of Public Health. He has served as a consultant and visiting lecturer on developing new schools of public health in Moldova, Albania, Macedonia, Mongolia, Russia, and Kazakhstan, and as a member of the Executive Board of the European Association of Schools of Public Health (ASPHER).

With coauthor Elena Varavikova, the first edition of *The New Public Health: An Introduction for the 21st Century* was developed and published in 1998 and translated into many languages; the second edition, in 2009, was translated into the Georgian language.

In 2007–2008, he led in the preparation of the Working Paper on Nutrition for the Israel Ministry of Health, Health Israel 2020 Project, and in activities of the Ministry of Health in fortification of flour, milk, and salt with essential micronutrients. Since 2008 he has served as Deputy Editor of the online journal *Public Health Reviews*, based in the French School of Public Health (EHESP) in Paris, France, being responsible for issues of the new journal on The New Public Health, Public Health Education, Mental Health and Public Health Ethics. He is currently leading in the organization of bachelor's programs in public health, health promotion, nursing, and nutrition in Ashkelon College in Ashkelon, Israel.

Awards and Honors

Member of the Israeli delegation to the 1978 Alma-Ata Conference on Primary Health Care, Alma-Ata, Kazakhstan, and participated in the 30th anniversary conference, Almaty, in October 2008.

Professor Honorarium, Faculty of Health Sciences, University of Mongolia: “For your significant contributions in developing and strengthening the public health sector and medical research of Mongolia, you will forever be held in the highest regards at HSUM”, 2005.

Honorable Doctor of Tbilisi State Medical University (Georgia) Academic Council award of the title in the Department of Public Health, December 2006.

Professor Honoris Causa, Saints Cyril and Methodius University, Macedonia, Faculty of Medicine, May 2008.

Andreas Stampar Medal awarded by the European Association of Schools of Public Health, (ASPHER), November 2008, “for distinguished contribution to development of public health in Europe”.

Publications

Dr Tulchinsky has 88 publications in peer-reviewed journals, and 32 books, chapters, and other publications. Topics include poliomyelitis, measles and tetanus immunization programs, vitamin K deficiency bleeding disorder, iron-deficiency anemia, other micronutrient deficiency disorders and their prevention and monitoring, child growth, asbestosis and other occupational diseases, non-communicable diseases, evaluation of health systems, public health education, preventing birth defects, community health workers, public health ethics, and public health education.

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Elena A. Varavikova MD, MPH, PhD

Federal Research Institute for Public Health Organization and Information, Moscow, Russian Federation



Elena A. Varavikova was born in Alma-Ata, Kazakhstan, USSR, and studied medicine and public health at the Moscow Medical Academy named after I. M. Sechenov. She completed her PhD in Moscow, an MPH degree at the School of Public Health at the State University of New York in Albany, and postdoctoral studies at the Takemi Program of Harvard University School of Public Health. She served as Chief of the Unit for Monitoring of Health and Preventable Deaths, Research Institute for Public Health Organization

and Information, Russia, as well as Associate Professor of Public Health at the Moscow Medical Academy.

She was recruited to the World Health Organization (WHO) in 2002, where she has worked on strengthening regional health systems, policy analysis, evaluation of the health services outcomes, studies of avoidable death, regional inequality in health services and human resources. She participated in preparing National White Papers on health and various national reports, and in the development of the computerized mortality database.

Dr Varavikova has worked on the supervision and management of grants and projects from OSI–Soros Foundation in the development and management of health programs in Russia (1995–2002). She was involved in the development and strengthening of the schools of public health in the former soviet countries and regions of Russia. She was also a consultant in health policy for the World Bank, UNICEF, UNDP, and UNHCR.

During more than four years at the WHO headquarters in Geneva, her area of work included projects on avoidable conditions and death; strategies for improvement in health services coverage; human resources for health, quality improvement in public health education, mapping of the School of Public Health and related institutions around the world; and patient safety (Regional and National Patient Safety Programme Development). She has participated in different committees and working groups, including “Future of the WHO-EURO in 2020” and prevention of non-communicable diseases.

After her affiliation as a scientist for the WHO, Dr Varavikova returned to Russia to work in the Ministry of Health and Social Development in the Department for International Collaboration, and later in the Federal Agency for High-Tech Medical Care, where she was a State Adviser for the Russian Federation. She has managed and participated in a number of projects in many countries and has published on public health topics including health policy, population health, future studies and globalization, health technology assessment, and professional education. She is now a leading researcher on the issues of medical science management, prevention of fetal alcohol syndrome, and medical diplomacy.